

# MONDAY REPORT

Lucy Kubiszyn, Editor  
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SHELTON STATE COMMUNITY COLLEGE  
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## SHELTON ANNOUNCES WINTER REGISTRATION

Shelton State Community College, in an effort to improve the college's registration process, announces new changes for Winter quarter 1990-91.

The new changes involve the dates and times the students may register. All currently enrolled students at the college and all new students who have completed the ASSET placement have been assigned an early registration time. All registration will be held on the Skyland Boulevard Campus.

The new dates and times are as follows:

Tuesday, November 6: 1:00-4:00 p.m.

Students who have completed 64 hours or above

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All allied health/School of Health and Related Professionals

Wednesday, November 7: 3:00-7:00 p.m.

Students who have completed 46 hours or above

Thursday, November 8: 2:00-4:00 p.m.

Students who have completed 25 hours or above

Thursday, November 8: 4:00-7:00 p.m.

All other currently enrolled students

Friday, November 9: 8:00 a.m. -2:00 p.m.

All new students who have completed 1 25 hours

REGISTRATION ALL STUDENTS MONDAY, NOVEMBER 26, 1990 9:00 a.m -7:00 p.m.

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## SHELTON STATE'S LIFE WRITING CENTER

Come and join us Winter Quarter! We now offer:

- \*Autobiography-Writing the story of your life
- \*Oral History-Taping the story of your life
- \*Community History-Videotaping
- \*Family History-Genealogy
- \*Biography-Writing about the lives of others

Winter Quarter Schedule :

M & W 8-10 a.m.

T & TH 8-10 a.m.

T & TH 5:30-7:30 p.m.

M & FRI TBA

For additional information, contact Katherine Alexander 391-2389 or 391-2388.

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## CONGRATULATIONS GOES TO STEVE FAIR

Steve Fair won 2nd place in the barbecue cook-off at City Fest.

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## ART EXHIBIT FOR NOVEMBER--

Chip Cooper, head photographer for University Relations, will exhibit color and black-and-white photographs that feature Alabama landscapes and architecture. Cooper's work has been praised by art reviewers and has been featured in national magazines. The exhibit opens November 1 and closes November 29 in the Junior College Library.



## **SHELTON'S WELLNESS CENTER ANNOUNCES WINTER SCHEDULE**

A variety of classes will be offered at Shelton State's Wellness Center Winter quarter, according to Dr. Milady Khoury-Murphy, instructor and director of the center.

Some of the courses which will be offered include health club and wellness management, total wellness, beginning and intermediate weight training, slimnastics, food preparation and meal management, and stress management.

A noncredit, non-impact aerobic class is also Monday through Thursday at 5:30 p.m. The cost for this class is \$3 a class or \$40 a quarter.

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## **LOOKING FOR A CAREER IN A HEALTH RELATED FIELD?**

This winter Shelton State will offer a new program, Nursing Assistant, that will be taught on the 15th Street Campus. Graduates of the program, which may be completed in two quarters, may find jobs working in nursing homes, hospitals, and other health related institutions. For additional information, contact Kim Inman, 391-2446.

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## **SHELTON'S COSMETOLOGY DEPARTMENT SPONSORS ESTHETICIAN ACADEMY**

Esthetics, or care of the skin, is one of the fastest growing areas in today's beauty market. Banished by many of today's women are the harsh chemicals and synthetic ingredients that composed yesterday's cosmetic lines.

Today's most popular salons offer creams, lotions, gels, and various types of make-up that are biodegradable, natural and organic. Made from natural plant and flower oils, these products are known in esthetics as aromatherapy.

Aromatherapy is a scientific art which combines ancient traditions with current clinical research to create pure, distilled flower and plant essences. By creating distinct benefits to beautify and balance both body and mind, aromatherapy embraces the whole being for soothing revitalizing experience.

A skin care specialist will be in Tuscaloosa for three days, November 18-20, as part of the Esthetician Academy '90 sponsored by the Cosmetology Department of Shelton State Community College in cooperation with Coeval-Lineage Metier, a national distributor for skin care products.

Nona Doss, who has specialized in skin care for a number of years, currently works with one of Birmingham's leading plastic surgeons at the McCullar Center. Ms. Doss has studied with native American Indians in the use of herbs. Ms. Doss was a Chanel make-up artist for two years before becoming a herbalist. In addition, she currently owns her own salon in Birmingham.

Some of the areas scheduled to be covered by Ms. Doss include an overview of the various types of skin care products, the anatomy of the skin, skin analysis, massage therapy, aromatherapy, and the use of beauty masks.

The seminar will be open to salon owners and hair dressers from across the state. For additional information, contact Peggy Sexton, cosmetology instructor, 391-2425.

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## **WEST ALABAMA PLANNING DEVELOPMENT AUTHORITY TO HOST HUMANITIES SPEAKER**

A unique part of Alabama's history and heritage will be explored when Dr. David Campbell presents his program Alabama Mosaic: The Skyline Dream to the West Alabama Planning and Development Authority on November 8, 1990 at 7:00 p.m. Campbell's presentation focuses on the Skyline Farms project established in Jackson County by the federal government in the 1930's to provide jobs and transform unemployed tenant farmers into independent landowners.

"Perhaps the most intriguing thing about Skyline Farms is the sense of mission that the participants there had," Campbell says. "They were pursuing the dream of redefining rural life in America through cooperation and developing a sense of community." To achieve a sense of community, Skyline Farms participants jointly owned their community store and became involved in arts/crafts projects, sports, and musical programs. Skyline Farms taken by Farm Security Administration photographers Ben Shahn, Arthur Rothstein and Carl Mydans.

Shelton State Community College serves as the coordinating agency to each of these sessions. For additional information, contact Katherine Alexander, 391-2389.